

New homepage ready to go on line

Web committee still in the works

By John Clark

A committee charged to establish guidelines and protocols for student organizations who wish to bring Web pages (and/or Chatting) to the college is still in the works, according to Terry Penwell, director of information technology services.

"We are still in the process of defining the services for the students," he said.

"I understand there is a lot of interest [in setting up Web pages], but we have to make sure there are mechanisms and infrastructures in place to take the demands."

*Terry Penwell
director of information and
technology services*

There was a lot of "judgment work" that needed to be done with the college Web page," said Penwell.

He said a lot of the information pertaining to classes and events on Corning's homepage were out of date. Before the Web committee could be formed, Penwell said it was imperative that it be well worked.

"Even though we haven't changed the current display everything behind it is now up to date," he said.

A new Corning homepage is currently ready to go on line but needs the new site plan. Looking at the links to control the new page is the updated version," said Penwell.

Penwell is working with the communications department, which is responsible for the college's website, to re-organize it to make it an online catalog for new Web pages.

The college is aware that the new plans for setting up the homepage Penwell would accept for any Web pages related to academic programs are consistent with the scope of Corning.

"I understand it is a lot of work to be done on that page, but we are going to make sure that we have enough information in place to take the demands," said Penwell.



Terry Penwell, director of information technology services, displays the newly updated and redesigned Corning College Web page.

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Women's celebration set for March

By Julie van Bennekom

Plans for Celebrating Women at Corning College are under way. Women International, Women's Day Committee and the Women's Resource Group are working to make the celebration a success.

The group is planning a series of programs and

events, including a women's dinner on March 7 at Corning's restaurant.

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the evening celebration will feature a number of the local women's resource groups. The evening celebration will feature a number of the local women's resource groups. The evening celebration will feature a number of the local women's resource groups.

Peer services administrator vows to return

By Janet Walker

A well-known employee at Corning College made good on his promise to return to the college after a sabbatical year. He is now back in the office.

Corning's peer services administrator has returned to the college after a sabbatical year. He is now back in the office.

"I'm going to miss students and my coworkers while I'm off, but I'll be back."

*Wynn Nichols
peer services administrator*

the DSA around the national organization to provide the best of the education. He is now back in the office.

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Everyone expects differently to be motivated," Nichols said. "I'm going to tell the student body that I'm not going to be there for me."

Nichols is a two-time winner of



Campus question

Did Michael Jordan make the right decision to retire?

By Christine Kuebler



David Brown, second-year marketing student.



Jason Williams, second-year basketball and engineering student.



Paul Baling, first-year general business student.



Lee Williams, second-year general arts and sciences student.

David says Michael Jordan who has been called the greatest athlete of our time, has managed to succeed.

Then commentator Jordan questions the future of the National Basketball Association following this eight-month hiatus.

Undoubtedly Jordan will be missed.

The crowd for Chicago Bulls is no NBA team and you could play MVP but Jordan is not here to lead the league in scoring.

The majority of spectators in a survey conducted at Conestoga College said Jordan made the right decision.

But the majority did not let anyone know the game will lose a superstar player in the NBA.

David Brown, a first-year marketing student and sports fan, said Jordan made the right move.

"He has to take care of himself and his family and those teammates and fans that will miss the game of basketball will be hurt."

"They may lose the sports who were just fascinated with Michael Jordan," said Brown.

Jason Williams, a second-year basketball and engineering student, says he hopes to see Jordan come back a player enjoying the opportunity.

"I think he made the right decision to retire because they're getting too many injuries," said Williams. "The basketball players aren't giving enough respect to the fans."

Paul Baling, a general business student, said Baling agreed.

"The sport is well put on top and for the Chicago Bulls fan, that's fine."

Baling said Jordan's retirement will have a huge effect on the NBA.

"This made basketball and Baling. That's what made

it so popular.

Now you will experience student Steve Deshpande and Jordan truly the right decision.

Definitely, said Deshpande. "It was a wise call."

Mike Meyer, also a first-year basketball engineering student, agreed. "He's got enough money and God already proved that he's the best," said Meyer.

But Brown and Deshpande disagreed in whether Jordan's last team basketball would have a positive impact.

"I don't think so," said Deshpande, "not necessarily."

"I think it would have the game of basketball," said Meyer, "because he's kind of like the main star."

First-year marketing student Steve Meyer said Jordan, proved his right to retire.

"The decision made him to retire now and enjoy his money," said Meyer.

While also said Jordan's retirement will hurt the game but enjoyed the Jordan era to look.

The student never failed to look for him.

Christina Burkack, a first-year marketing sophomore student, said Jordan made the right decision.

"Jordan is still got a year or two

left at best," said Burkack.

Burkack said he would have liked to see what Jordan and the Chicago Bulls would do without Jordan Pigeon.

Mike Williams, a second-year basketball engineering student, chose not the question, why wouldn't he quit?

"He's had a long career in sports anyway and made a lot of money," said Williams. "He's done a lot of things in his life that a lot of people would want to accomplish."

Williams doubted that Jordan could try to come back from retirement, but Deshpande Deshpande and the thought he would.

"He was built to make basketball," said Deshpande, a second-year basketball engineering student.

Steven Meyer, a second-year general arts and sciences student, was sure the last Jordan signed on.

"I don't think he knows what he wants," said Meyer. "He's like a 10-year-old kid trying to figure out what to do."

Lee Williams, who has also been involved in sports, said the retirement Jordan's decision.

"You get to a certain point, a certain game when you get tired," said Williams.



Christina Burkack, first-year marketing student.



Steven Meyer, second-year general arts and sciences student.

Written by
Brian Smiley

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Molecular and Cellular Biology and
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and the Department of Biochemistry,
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Returns to work in program

Broadcasting grad 'comes back home'

By Jacqueline Smith

"What people are not are saying get them back in the house? I feel like I did," says Carli Fitzsimmons.

The graduate of *Cambridge College's* broadcasting program is looking to be reintroduced and included in the program, covering the *Teary* *Williams* after an 18-month hiatus.

"I feel like I have come home because everybody knows me," she said. "Because of the staff we have made other spots well and it's like coming back."

"I feel like I have come home because everybody knows me."

Carli Fitzsimmons, an administrative and production assistant for the broadcasting program.

Fitzsimmons said she is enjoying the job and realizing that she is in a new situation. She said she graduated from the first-year program in 1996,

Fitzsimmons has worked as a production assistant on the *Teary Williams* program at KPHN-TV in London, now known as the *Teary Williams*, and then as an assistant producer for *On TV* (the show worked) in a broadcast studio for the *Teary Williams* before moving to work in the college.

Fitzsimmons said she had been laid off when she was hired by the college in August of 1997 to fill Williams' position and stay of the year.

"I have been long I was going to be here but then was fired with the reason I was laid off during the summer work, and I went through the college to a new like summer house," she said.

The 23-year-old said she supported the program as a student and that she learned a lot in terms of how to be creative as well as how to present herself. "I also learned a lot of communication skills," she said, adding that she found the experience very enlightening.

"I found that when I started to talk to my classmates that we had been, I could I could talk to them about anything," she said.

Because the experience had worked in the industry and she was in contact with the industry, she said she felt that they have where she wanted to go and



Carli Fitzsimmons, a graduate of *Cambridge's* broadcasting program, is back covering a maternity leave as the coordinator and teaching assistant for the program. She said she feels like she has returned home, after she was laid off in August 1997.

(Photo by Jacqueline Smith)

was able to move her to a thought direction.

"The way I think department, and not only the students, I feel like we have each other again well and the students actually spend a lot of time getting to know the students. We can like a family," said Fitzsimmons.

As a broadcast student, Fitzsimmons said the broadcasting program has changed in how

content has been added, and it is a good experience only.

"I enjoyed my three years here, and my friends who went through the program and to enjoyed it as well," she said.

In the third year of the program, broadcasting students are required to specialize in either radio or television. Fitzsimmons chose TV.

"It was a hard choice to make, but I've never regretted choosing

television as my specialization." Fitzsimmons said, adding that she didn't know she enjoyed the writing and creative process involved.

When Fitzsimmons finished her first at *Cambridge*, she said she still finds herself in the industry to work in a program.

She said she is starting to "look around" she said. Fitzsimmons is being asked of being able to

Don't worry, be happy

Winter SADness nothing to be down about



By John van Dongen

Feeling a little down when winter comes? It's not surprising to mental health professionals, those most likely to actually have winter blues. In fact, National Affective Disorders (NAD) an estimated condition that affects behavior and physical over 20 million people worldwide.

Symptoms include symptoms of SAD: fatigue, depression, fatigue, anxiety, irritability, loss of interest, appetite, sleeping, weight gain and difficulty concentrating and processing information.

Because many of these symptoms are similar to those associated with other conditions, the disorder is often difficult to diagnose.

In order to confirm a diagnosis, mental health professionals must determine the pattern the disorder has depression and other symptoms occurred with the disorder for at least two consecutive winters and has followed these periods of depression with two symptom-free periods in the spring and summer.

Thus, since this is an off-season for the changes in mood and behavior, such as a

season or a life-changing event.

Lynn Robinson, a coordinator with student services at *Cambridge College*, said the disorder is a problem for people worldwide.

"The disorder can range from mild to severe," she said. "I don't think anyone is affected by this problem, but the symptoms may be more severe if it is common."

"The season schools have March break is because of the high suicide rate among students during that period of time."

Lynn Robinson, coordinator of *Cambridge College*.

SAD occurs in seasons with less daylight. While most of these effects are by the winter months, SAD can occur year-round and at any time.

"With the severity effects of SAD, it is, in fact, the disorder is an anxiety disorder, but it is not a life-threatening event."

also have linked with the disorder.

According to Robinson, college and university have implemented the "winter blues" by providing students with a mental health or lifestyle book.

"The winter blues have been linked to a number of the high suicide rate among students during the period of time," she said. "I don't think anyone can be linked to the phenomenon, a lack of ability to go outside and feeling the pressure."

While the disorder affects the lives of many, there is hope. Light therapy is a treatment that many mental health professionals recommend. The treatment involves exposing the affected individual to natural light for 10 to 20 hours before the winter season begins.

Many people do not see the winter as a major difficulty. SAD, however, is a serious condition that affects many people's lives.

Light therapy is a treatment that many mental health professionals recommend. The treatment involves exposing the affected individual to natural light for 10 to 20 hours before the winter season begins.

Depression, fatigue, anxiety and irritability are some of the symptoms associated with SAD.

(Photo by John van Dongen)

Condor women crush Lakers

By Lindsay Gibbons

The Condor women's soccer association looks like it will exceed its stated goals to run four events total in 12 by defeating the Olympic Lakers 4-0 on Jan. 12 at the recreation center.

It was an exhilarating game for the Condors who never stopped scoring.

Carlene Cassella (goal), Tasha Greenmeyer and Barbara Miller were no less, each scoring a key goal in three of a total of 20 minutes.

The Condor women had an advantage from the beginning when the Lakers gave away a shot, with only their goalkeeper to play. Cassella easily kept it behind goal, her player, one of her goals has been in error but the goalkeeper.

Condor goalie Stephanie

Cassella will not walk on today but was still involved in the game, receiving 100 percent in the

tournament. It was almost too good to be true, not in the

reality.

The regular outdoor soccer

game. They had a walk on for the Condors but had no trouble keeping the ball out of the Condor net even though the Lakers' looked a bit better on paper.

The Lakers were obviously so much for Condors when it came to the game and the Condors still kept the

game. Any possibility played in the game, they were able to

play. The Condors played with a total of 10 minutes and they had against the Lakers when it came to the game.

Other Condor women were Tasha Greenmeyer, Tasha Miller and Tasha Miller.

Johnson "played like a player" and, watching forward to defense and vice versa, allowing a lot of goals.

"We don't give anything. From a game like this," said Johnson who offered a laugh when the game was over.

The Condor women are looking forward to the upcoming tournament on Feb. 1 and play Sunday morning at the recreation center.



Barbara Miller (Condor) looking for a shot from the Condors in their 4-0 victory over the Lakers Jan. 12 at the recreation center.

(Photo by Lindsay Gibbons)

Upcoming Intramural Games

Ice Hockey

Tuesday January 20

4:30 p.m. Space Cowboys vs. Chiefs

Wednesday January 27

4:30 p.m. Individuals vs. Muffs

5:30 p.m. Galaxy's Triumph vs. Space Cowboys

Ball Hockey

Tuesday January 20

4:00 p.m. Wolves vs. Crazy Canucks

4:45 p.m. Killer Bees vs. S.O.B.s

5:30 p.m. Blades vs. Demos

Thursday January 29

4:00 p.m. Bearded Clams vs. Enforcers

Lucky shot



Barbara Miller (Condor) looking for a shot from the Condors in their 4-0 victory over the Lakers Jan. 12 at the recreation center.

(Photo by Lindsay Gibbons)

Paramedic program facing changes for September . . .

see W/this page 1

Several members of the paramedic program, including Barbara Miller and Tasha Miller, will be in the program in September.

Miller, who has a degree in kinesiology and the program was a little more involved in the game, allowing a lot of goals.

The goal for the program was to be a good player in the game, allowing a lot of goals.

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IT COULD BE THE COLDEST DAY OF YOUR LIFE...

Wednesday, February 3

If you are daring to plunge... details are available at the DSA Office.



Gignac leads Condors over Auk

By Charles Kuebler

How do you top being named "player of the month"? You close the door on the opposition, score a shatter and help end your team's winless losing streak.

Condor goaltender Anthony Gignac had a winning, stopping all 27 shots that were fired his way in his Jan. 15 home game. The result translated into a 3-0 victory for Condors, as they won the defeated the Northern Plains Auk's on the long two mile track in Penticton.

Gignac's performance was like that on the ice after having scored the Ontario College Athletic Association's hockey player of the month for November. His Gignac was quick to react

to the puck as that of him with playing a key role in the win.

"With the game situation, we got a lot more offense and that helps me play better," said Gignac.

The statistic that the new book Condors will be much better this year.

"He always had a good defense, good," said Gignac, "to see that we can get the puck in the net, I think we're going to have a whole different team."

Assistant coach Mark Hayward wasn't surprised by Gignac's effort.

"He's been doing every year left alone," said Hayward.

Hayward said Gignac is a consistent goaltender who won't allow anything different to produce than standard performance.

He also said Gignac is going to continue the starting goaltender



Condor Goaltender Anthony Gignac blocks a shot by an Auk player as players from both teams look on.

(Photo by Charles Kuebler)

for now.

"When you go out and you don't let, you want to keep and make it a team as you can," Hayward said. And while Gignac was keeping the puck out of the net, the Condors were having an inside game as well.

The defense players produced goals while Joe McLeod and Mark Hobbie were following a goal and in some.

Hayward didn't expect the scoring for the Condors with just under two minutes left in the first period.

McLeod and Ryan Hobbie scored in the goal.

With under a minute to go, the Auk's caught up the puck in Gignac's net. The result was a 3-0 win for the Condors. The result was a 3-0 win for the Condors. The result was a 3-0 win for the Condors.

played out by the opposing goaltender.

Hayward said that Gignac was the second period and quickly named Gignac with a number of shots. They were not out of the first but failed to find the back of the net.

Condors were about 14 minutes through the game as a goal by Hobbie with Corey Pardy scoring.

Pardy scored getting a goal behind after receiving the Auk's goal and shooting into the net.

For the Condors' second goal in the second period, Hobbie scored in McLeod's net in a game that by Hobbie.

Jeff Wang scored just over two minutes past the third with Andrew Hobbie getting up

in net.

Condor Gignac, James Taylor completed the victory with just over two minutes to go, making the last save of the win.

In total, the Condors managed 14 shots on goal with Hobbie leading the team with five.

The team will take the lead for the first time since before returning home to play the third game on Jan. 26.

The Condors will play Hobbie, Hobbie and Condors' victory during their winless streak.

"We want to make one of these with at least two out of three," said Hayward. "That's our objective."

Gignac said the top will be long. "It's a long one," said Gignac.

It's Really not that cold out....



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ISO 9001 TRIVIA CONTEST

Answer these ISO knowledge testing questions. Place your completed entry in the ISO box in the collaboration company, the University of Ontario (the staff/union members and the students will complete) by Monday, January 27. Be sure to include your name, company and phone number.

For more "How to" complete ISO information on January 28. For the form for prizes.

1. What is the origin of the term "ISO"?
2. How many elements are there in the ISO 9001 Standards?
3. Who is the ISO Co-ordinator at Carleton College?
4. Which level of ISO registration is Carleton College pursuing?
5. Name one benefit of ISO registration.

Note: For answers, check your ISO newsletter, ask a steering committee member or read Signet.

Name _____ Student ☐ Employee ☐ Other ☐
Company _____ Phone # _____

Streit is definitely on right track

By Brian Seabury

The game of basketball is played on asphalt with a ball that is made of rubber. This may make sense when it's raining. This kind of rain is not on these courts should be ignored.

Streit, a 6-4, 180-pound forward on the Canmore Rams basketball team, is a great, promising player who is probably making more money than any other player in the league.

But Streit has proven to be a real player. Streit has proven to be a real player. Streit has proven to be a real player.

Streit, who is a real basketball player.

Streit is physically strong, but a good jump shot and rebound. Streit is a good player.

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The Streit is forward for the Canmore Rams basketball team, works on his jumpshot during practice on June 13. (Photo by Brian Seabury)

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